Humanistic Buddhism
Holding True to the Original Intents of Buddha
Chapter 1 - Overview

Five Precepts:
- No Killing
- No Stealing
- No Sexual Misconduct
- No Lying
- No Intoxicants

The precepts are a way to keep the Buddhist spirit of “not trespassing on others”.

Ten Wholesome Deeds:
- Spiritual Misdeeds: Anger, Greed, Ignorance
- Spoken Misdeeds: Lying, Idle talk, Duplicity, Profanity
- Physical Misdeeds: Killing, Stealing, Sexual Misconduct

These “initial instructions for the human world” were given by the Buddha as a life-blueprint.

Refrain from:

Three Acts of Goodness:
- Think Good Thoughts
- Speak Good Words
- Do Good Deeds

Faith, Joy, Hope, Convenience

Four Givings:
“Dharma can only be found in the world, and enlightenment cannot be attained away from it.”

The Four Principles:
- Success goes to the multitude
- Benefit goes to society
- Glory goes to the Buddha
- Merit goes to devotees

The Four Creeds:
- Maintain a peaceful mind
- Honour family and country
- Value interconnectedness
- Lead a moderate lifestyle

The Four Great Bodhisattvas:
- Humanistic Buddhism aims for the development of awakening the altruistic Bodhi mind and progressing along the worldly path of the Bodhisattvas.

Avalokitesvara
Manjusri
Samantabhadra
Ksitigarbha

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Chapter 1

Four Universal Vows:

1. In order to resolve suffering: **The vow to deliver all sentient beings**
2. In order to deliver all sentient beings: **The vow to eradicate all suffering**
3. In order to allow all sentient beings to learn the Dharma: **The vow to learn the Dharma**
4. In order to guide all sentient beings towards enlightenment: **The vow to attain supreme Buddhahood**

The Future of Humanistic Buddhism:

1. Propagate Dharma through culture
2. Foster talents through education
3. Benefit society through charity
4. Purify humanity through cultivation

You’re at the end!